

USAGSO SG Overnight Camp

January 24 - 25, 2026

Packing Checklist



Girls must be able to carry their belongings ALONE for at least 500 meters.
Pack in a large backpack, duffle bag, or small suitcase.

Campers MUST arrive Saturday morning already wearing their swim suit for water activities.



PACKED FOR CAMP	ITEMS MUST BE LABELED WITH GIRL SCOUT NAMES	PACKED FOR HOME
	FOUR CHANGES OF CLOTHES: • ONE SET FOR WET & MUDDY FUN (WEAR THIS TO CAMP OVER YOUR SWIM SUIT!) • LONG-SLEEVE SHIRT + LONG PANTS (CAMPFIRE/NIGHT WARMTH) • PAJAMAS • ONE SET OF CLOTHES FOR SUNDAY - ACTIVEWEAR • TWO CHANGES OF UNDERWEAR • THREE PAIRS OF SOCKS • STURDY SNEAKERS (⚠️ THEY WILL GET MUDDY)  • WATER SHOES (MUST BE CLOSED TOE - <u>LIKE THESE</u>)  • SHOWER SHOES (FLIP-FLOPS OR SLIDES) • OPTIONAL - SPARE PAIR OF SNEAKERS	
	PERSONAL CARE KIT: • SHAMPOO & CONDITIONER • TOOTHBRUSH & TOOTHPASTE • FLOSS • HAIRBRUSH / COMB / HAIR TIES • DEODORANT • SANITARY SUPPLIES (AS NEEDED) • EYEGASSES CASE / CONTACT SUPPLIES (AS NEEDED) • LARGE SHOWER TOWEL (QUICK DRY) • SMALL HAND / FACE TOWEL	
	BEDDING: • SLEEPING BAG / BEDROLL / YOGA MAT • LIGHT BLANKET OR SINGLE SHEET • SMALL PILLOW / PILLOWCASE • FAVORITE PLUSHIE (AS DESIRED)	

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Packing Checklist **Continued**



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PACKED FOR CAMP	ITEMS MUST BE LABELED WITH GIRL SCOUT NAMES	PACKED FOR HOME
	CAMP GEAR: • WATER BOTTLE • FLASHLIGHT / TORCH • STRONG INSECT REPELLENT • SUNSCREEN (SPRAY OR LOTION - APPLY BEFORE ARRIVING) • SMALL UMBRELLA OR PONCHO • SUN HAT	
	EATING GEAR: MUST BE REUSABLE - NO PAPER! • PLATE • BOWL • CUP • FORK AND SPOON • MESH / PLASTIC DUNK BAG → REMEMBER YOUR WATER BOTTLE! <i>Recommended stores: Beach road, Army market, DECATHLON, Giant, Outdoor Life, Adventure world</i> 	
	WATER SPORTS GEAR: • SWIM SUIT (WEAR TO CAMP) • LONG SLEEVE RASH GUARD • WATER ACTIVITY TOWEL (SEPARATE FROM SHOWER TOWEL) • BAG FOR WET CLOTHES • SUNSCREEN (WEAR TO CAMP AND SOME TO RE-APPLY)	

MEDICAL AND SPECIAL ITEMS MUST BE DISCUSSED WITH CAMP DIRECTORS AND HANDED IN AT CHECK IN.



DO NOT BRING:

- FOOD / SNACKS
- ELECTRONICS: **CAMP IS TECH FREE**; WATCHES, PHONES, IPADS, KINDLE, GAMING DEVICES, ETC.
- OVER THE COUNTER MEDS

